Informed Consent - Know Your Rights

Do not be scared or coerced into rushing to take a vaccine or getting your child vaccinated by your government, workplace or school. You have a right to Informed Consent to either accept a vaccine or to decline a vaccine. What this means is if after you have done your research on the vaccine risks and benefits and have become aware of your legal rights you then have the capacity to make an informed decision.

Whether to vaccinate or not is a personal choice and must remain so. It is illegal for government to overstep Charter rights, even if the Canadian Emergency Act was called in, which it was not. A provincial mandate is not a law, it is an Order issued by the provincial government. There has been no Order to vaccinate. And even if they create an Order to vaccinate it is illegal. The only Orders were for masks and a lock-down of businesses the government decided are unessential.. The only consequence of disobeying a lock-down Order would be a fine. These Orders are trumped by higher up laws and cannot be enforced.. Under the higher up laws, a Canadian citizen has the right to mobility and choice of medical procedures. As well as the Canadian Charter, many other laws protect Canadians from mandatory vaccination. The Nuremberg Code, to which Canada is a signatory, states that it is essential before performing medical experiments on human beings, there is voluntary informed consent. It also confirms, a person involved should have legal capacity to give consent, without the intervention of any element of force, fraud, deceit, duress, overreaching, or other ulterior form of constraint or coercion; and should have sufficient knowledge and comprehension of the elements of the subject matter involved as to enable him/her to make an understanding and enlightened decision. This requires, before the acceptance of an affirmative decision by the experimental subject, that there should be made known to him/her the nature, duration, and purpose of the experiment; the method and means by which it is to be conducted; all inconveniences and hazards reasonable to be expected; and the effects upon his/her health or person which may possibly come from participation in the experiment. If the government tries to mandate your workplace or school children to be vaccinated - it is critical that you know your rights and that you have been given all the information to make an informed decision.

http://www.jccf.ca/the-issue-of-mandatory-vaccines/

It is your personal choice what goes into your and your child's body and what medical procedures you choose to take part in. Any force for you to have a medical treatment by coercion, threats or otherwise is illegal under the Canadian Charter of Rights and Freedoms, the Universal Declaration on Biometrics and Human Rights, the Helsinki Declaration as well as the Nuremberg Code. Your choice of medical procedures is your personal choice and you have a right not to be discriminated against on this basis. If an employer mandates a COVID vaccine and you choose not to have one - that is your right. And if the employer is threatening to fire you if you do not comply you do not resign, let them fire you and get a lawyer and sue the employer. If a school mandated a COVID vaccine and you choose not to get a vaccine or have your child vaccinated, you can get a lawyer and sue the school if they do not let you or your child attend or treat you or your child differently to other students. http://www.canada.ca/en/canadian-heritage/services/how-rights-protected/guide-canadian-charter-rights-freedoms.html

https://en.unesco.org/themes/ethics-science-and-technology/bioethics-and-human-rights https://media.tghn.org/medialibrary/2011/04/BMJ_No_7070_Volume_313_The_Nuremberg_Code.pdf https://www.cirp.org/library/ethics/nuremberg http://www.wma.net/what-we-do/medical-ethics/declaration-of-helsinki/https://www.chrc-ccdp.gc.ca/en/about-human-rights/what-discrimination

In the US, their Emergency Use Authorization was called in and it allowed the FDA to permit distribution of vaccines from Pfyser only. However, the FDA has NOT approved the vaccine because all clinical trials have not been completed and adverse affects data has not been submitted. Now these permissions have been extended to 2023. So what does this mean? This means that this is an experimental treatment and can not legitimately claim to be safe and effective. in fact, none of the vaccines are FDA approved. The other vaccines were not even allowed for emergency use by the FDA! In Canada, these vaccines were allowed for distribution with an Interim Order. But they still are NOT FDA licensed. The vaccines have not completed clinical trials and no data has been submitted to the FDA. Usually, to bring a drug or vaccine to market, it takes up to 10 years or more of testing and analysis of results of rigorous clinical trials. First animal clinical trials are conducted and then if all goes well with these animal clinical trials then they move on to human test subjects. The human test subjects are paid money to participate. However these Sars-CoV-2 vaccines were rushed to distribution without ANY clinical trials! So if you decide to have these vaccines know that they are experimental and if you decide to vaccinate, you will be unknowingly participating in the clinical trials. If you decide not to vaccinate you will be the control group. If you decide to get the shot, notice on the bottom of the form you have to sign to protect big pharma against informed consent law that they want to also have your consent to be contacted for research purposes! I

suggest you edit the form you must sign and add a paragraph stating that the hospital or health unit that is administering the experimental shot will assume full and complete liability is case of death and adverse side effects that would damage your health and destroy your ability to go to school or work for the rest of your life. Have it signed by the person in charge, get a copy and protect yourself. Or print out the Notice of Liability document by action4canada listed below.

https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-august-24-2021 https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-

treatments/authorization/list-drugs.html

https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/vaccine/COVID-

19 vaccine consent form.pdf

https://action4canada.com/notice-of-liability-schools/

https://action4canada.com/employee-vaccine-notice-of-liability/

https://action4canada.com/wp-content/uploads/Vaccine-Notice-of-Liability-Parent Child-2.pdf

The actual COVID virus is survivable by 99.5% of the population. The CDC (Centre for Disease Control) estimates the vast majority of people who contract Sars-CoV-2 survive. Age specific survival rates: 0-19 years old, 99.997 percent; 20-49 years old, 99.98 percent; 50-59 years older older; 94.6 percent. There are reports that many people who regularly die each year from other causes were mistakenly said to have died from COVID after a routine test at the hospital gave false readings and their death was wrongly listed as a covid related death. The PCR test used to diagnose COVID patients have been proven to give false readings...It has been recalled by the CDC as faulty. On May 10th, 2021, Manitoba Chief Microbiologist and Laboratory Specialist, Dr. Jared Bullard testified under cross examination in a trial before the court of Queen's Bench in Manitoba, that PCR test results do not verify infectiousness and were never intended to be used to diagnose respiratory illnesses. The purported increase in cases is a direct consequence of increased testing through the inappropriate use of the PCR instrument to diagnose Sars-CoV-2. It has been well established that the PCR test was never designed or intended as a diagnostic tool and is not an acceptable instrument to measure this so-called pandemic. Its inventor, Kary Mullis, has clearly indicated that the PCR testing device was never created to test for coronavirus. Mullis warns that, the PCR Test can be used to find almost anything, in anybody. If you can amplify one single molecule, then you can find it because that molecule is nearly in every single person. In light of this warning, the current PCR test utilization, set at higher amplifications, is producing up to 97% false positives. Therefore, any imposed emergency measures that are based on PCR testing were unwarranted, unscientific and quite possibly fraudulent. An international consortium of life science experts / professionals has detected 10 major scientific flaws at the molecular and methodological level in a 3-peer review of the RTPCR test to detect SARS-CoV-2. There recently has been a study by Israel scientists that found that a person is 27 times more likely to get COVID after being fully vaccinated. It is being observed now that the data shows the countries with the highest vaccination rates are experiencing the highest cases. So not only is the test unreliable but the vaccine itself is also proving to be unreliable.

https://www.breitbart.com/politics/2020/09/25/cdc-data-shows-high-virus-survival-rate-99-plus-for-ages-69-and-younger-94-6-for-older

https://freeworldnews.tv/watch?id=613f9ce113839c20f6a81e1e

https://www.medrxiv.org/content/10.1101/2021.08.24.21262415v1.full.pdf

https://www.cdc.gov/csels/dls/locs/2021/07-21-2021-lab-alert-Changes_CDC_RT-PCR_SARS-CoV-

2_Testing_1.html

https://rumble.com/vhu4rz-kary-mullis-inventor-of-the-pcr-test.html

https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciaa1491/5912603

https://cormandrostenreview.com/report/

The Sars-CoV-2 vaccines are not vaccines by the legal definition. A vaccine is where one takes a dead sample of a virus and adds an adjuvant to cause an immune response. The body then identifies the attacker and forms antibodies. So then your body has natural immunity and when the same virus is seen in the wild the body can protect itself because it has learned immunity. An MRNA vaccine uses gene therapy to mimic your RNA. Types of traditional vaccines are Live, Attenuated vaccines, Killed or Inactivated vaccines, Toxoids, Subunit and Conjugate vaccines. The mRNA vaccines are different from traditional vaccines and have never been used successfully before on coronaviruses. This is new technology in which the risks involved are not known and could be devastating.

https://www.historyofvaccines.org/content/articles/different-types-vaccines https://www.phgfoundation.org/briefing/rna-vaccines

The Covid vaccines are using experimental mRNA technology. This mRNA technology has never been used in a vaccine before. The mRNA technology has only, as of yet, been used experimentally on gene editing of cancer and genetic flaw diseases. The MRNA is a synthetic GMO virus which uses the HIV/AIDES method to enter a

cell where it instructs it to create viral proteins, or spike proteins as they are called. These proteins are then sent out and the bodies immune system then makes antibodies. At least, that is the theory. But they have been found to migrate to other parts of the body and cause serious problems. There is also a study that this RNA might become transcribed into the DNA. The virologist who invented this technology, warns that it should never be used on humans. So, is this safe – we do not know because it has never been done before. Perhaps we will know more years after the public who have had the jab and are participating in the clinical trials unknowingly, show us the results.

http://childrenshealthdefense.org/defender/censored-dark-horse-podcast-bret-weinstein-robert-malone-inventor-mrna-vaccine-technology/

http://www.vervetimes.com/inventer-of-mrna-interviewed-about-injection-dangers/amp https://childrenshealthdefense.org/defender/science-mrna-vaccines-alter-dna/ https://pubmed.ncbi.nlm.nih.gov/33330870/

The Covid-19 vaccines, as of September 20, 2021, have caused over 15,000 deaths and tens of thousands of injuries just in USA alone, as reported to Vaers, the vaccine adverse side affects reporting agency. And that number is a conservative estimate as only 1 in 10 are reported to Vaers. Numerous doctors, scientists, and medical experts are issuing dire warnings about the short and long-term effects of COVID-19 injections, including, but not limited to death, blood clots, infertility, irregular vaginal bleeding, miscarriages, Bells Palsy, cancer, inflammatory conditions, autoimmune disease, early-onset dementia, convulsions, anaphylaxis, inflammation of the heart, and antibody dependent enhancement (a poorly designed vaccine causes stronger variants and a damaged natural immune system) leading to death; this includes children ages12-17 years old. Dr. Byram Bridle, a pro-vaccine Associate Professor on Viral Immunology at the University of Guelph, gives a terrifying warning of the harms of these experimental treatments in a new peer reviewed scientifically published research study on COVID-19 shots. The added Spike Protein to the vaccine leaks into the blood, circulates through the blood in individuals over several days post-vaccination, it accumulates in the tissues such as the spleen, bone marrow, the liver, the adrenal glands, testes, and of great concern, it accumulates high concentrations into the ovaries. Dr. Bridle notes that they ave known for a long time that the Spike Protein is a pathogenic protein, it is a toxin, and can cause damage if it gets into blood circulation. The study confirms the combination is causing clotting, neurological damage, bleeding, heart problems, etc. There is a high concentration of the Spike Protein getting into breast milk and reports of suckling infants developing bleeding disorders in the gastrointestinal tract. There are further warnings that this injection will render children infertile and that people who have been vaccinated are no longer allowed to donate blood as their blood is tainted. Research also shows that if you are vaccinated you are more likely to get COVID. Americas Frontline Doctors warned how spike proteins resulting from experimental COVID-19 gene therapy vaccines have the capacity to pass through the blood brain barrier causing neurological damage, be 'shed' by the vaccinated into the surrounding environment bringing about sickness in unvaccinated children and adults. Ultimately, persons who have been fully vaccinated have been contracting COVID through breakthrough infections. Lawyer Thomas Renz has discovered a document published by the DOD (Department of Defense) that shows 60% of the hospitalized COVID cases are of fully vaccinated people.

https://vaers.hhs.gov/data.html

https://www.lifesitenews.com/news/americas-frontline-doctors-covid-vaccinated-can-shed-spike-protein-harming-unvaccinated

https://www.naturalnews.com/2021-05-06-vaers-data-show-increase-in-vaccine-deaths-2021.html
https://childrenshealthdefense.org/defender/vaers-data-reports-injuries-12-to-17-year-olds-more-than-triple/
https://omny.fm/shows/on-point-with-alex-pierson/new-peer-reviewed-study-on-covid-19-vaccines-sugg
https://www.infowars.com/posts/israel-australia-report-95-99-hospitalized-fully-vaccinated/
https://renz-law.com/attorney-tom-renz-discovers-leaked-dod-covid-files/
https://rumble.com/vn712p-breaking-dod-stamped-document-leaked-with-truth-about-vaccinated-datathey-.html

Pharmaceutical companies have been granted special immunity against litigation for vaccine injury in Canada. and the USA. In the USA there is the 1980 Vaccine Act and the Vaccine Injury Compensation Program. The Vaccine Act protects big pharma from being sued for injury or death. The Vaccine Injury Compensation Program operates outside the court to process claims and protect big pharma from any criminal claims. Canada had no such compensation program and if you were injured by a vaccine you had absolutely no recourse. Until December 10, 2020 the Vaccine Injury Support Program was announced. But it specifically states it is applicable to a vaccine that has been approved by Health Canada (if a non FDA approved treatment will be allowed I seriously doubt it). In the US, again if medical treatment is not FDA approved this may be a problem for the Vaccine Injury Compensation Program. So who will be held liable if someone is injured by a vaccine? And, if you have signed a document when you received the vaccine that claims you had "informed consent" to the medical experiment - this form protects the big pharmaceutical company from any responsibility if you or your

child dies or experiences any serious side effects. So who will get the blame then if you or a loved one or your child dies or becomes blind or paralysed. Not the school, not the public health unit, not the pharmaceutical company, not the doctor or medical aide who administered the shot, not the United Nations CDC department who told the health administrators to promote the vaccine, not the FDA who falsely claimed the vaccine is licensed. No one. No one at all goes to jail or court or takes responsibility. It seems ridiculous that the United Nations Centre for Disease Control is promoting these shots for a virus which does not protect you from COVID and that can cause so much potential harm. Currently, a large team of more than 1,000 lawyers and over 10,000 medical experts, led by Dr. Reimer Fuellmich, has initiated legal proceedings against the CDC, WHO and the Davos Group for crimes against humanity. Legal proceedings are under way in Canada also by lawyer Rocco Galati against the Government of BC for constitutional infringements regarding Covid.

https://action4canada.com/action4canada-statement-of-claim-filed/

https://vaccinechoicecanada.com/in-te-news/compensation-plan-rebuffed/

https://vaccineinjurysupport.ca/en

https://www.scott.net/article/452790-Standing-up-1000-lawyers-and-10000-doctors-have-filed-a-law suit-for-article/scott-filed-a-law suit-filed-a-law suit

violations-of-the-Nuremberg-Code

https://action4canada.com/notice-of-liability-schools/

https://corona-ausschuss.de/en/

https://action4canada.com/injection-notice-of-liability-post-grad-students/

https://action4canada.com/employee-vaccine-notice-of-liability/

These experimental gene therapies do not protect you from Covid-19 or any other cold or flu virus as these corona-viruses constantly mutate. So, you will be required to take another vaccine each time a new flu or cold virus emerges, as they always mutate which estimates are 5 - 10 jabs per year. These mRNA vaccines destroy your natural immune system in which to combat the seasonal flu and colds and may cause antibody-dependent enhancement. So which is better natural immunity or constant vaccines? It is well known that the bodies natural learned immunity is far superior to this type of MRNA vaccine which is temporary at best. In fact, an Israeli study has proven natural immunity to be 13 times superior to the mRNA vaccine. Traditional vaccines that used a dead virus and an adjuvant to cause an immune response were better than mRNA vaccines The mRNA vaccines are basically a GMO synthetic virus that attacks your body. Americas Front Line Doctors released an analysis of the vaccines for covid and they are also found to cause the body to shed and spread virus mutants that can get other persons sick. And these spike proteins created can also cause an autoimmune disease causing the immune system to attack its own body tissue that have a same spike protein - just as many vaccines in history have done. A french virologist and Nobel Prize winner Luc Montagnier says mass vaccination for Covid is creating variants due to antibody dependent enhancement. So, just like antibiotics produced super bacterial bugs like MERSA, this vaccine for the corona viruse family, will produce super viruses variants.

https://drsircus.com/general/artificial-soike-proteins-and-the-end-of-human-health/

https://greatgameindia.com/mrna-vaccines-gene-therapy/

https://sciencewithdoug.com/2020/11/27/will-an-rna-vaccine-permanently-alter-my-dna/

https://www.lifesitenews.com/news/nobel-prize-winner-mass-covid-vaccination-an-unacceptable-mistake-that-iscreating-the-variants/

https://www.zerhedge.com/covid-19/ends-debate-israeli-study-shows-natural-immunity-13x-more-effective-vaccines-stopping

 $https://americas front line doctors.org/action_alerts/identifying-post-vaccination-complications-their-causes-an-analysis-of-covid-19-patient-data/$

https://childrenshealthdefense.org/vaccine-secrets/video-chapters/vaccines-can-cause-autoimmune-diseases/http://www.whale.to/vaccines/autoimmune1.htm

Other remedies exist for treatments for COVID and they are being suppressed. Like ivermectin and hydroxycloroquine Doctors are being censored off the internet for coming forward about the other treatments. Scientists and doctors speaking out about the dangers of the experimental MRNA vaccines are being silenced by big tech. Whole Youtube channels, Facebook pages, Wikipedia pages, Google, etc are being deleted. The television news is completely lacking any alternative information except the standard main stream narrative from pharmaceutical sponsors on COVID vaccines. All they report is what big pharma authorizes them to say. Claims of the safety and efficacy of the covid vaccines are rampant – without legitimate data. Furthermore – citizens who are documenting vaccine deaths and injuries are also being censored. Citizens are not being given all the information they need to make an informed consent decision. Citizens are having to conduct their own research to get around all the fake information and find the real data. Who would want to take part in this Covid-19 vaccine? A lot of people trust the government and our medical institutions and assume the vaccines are traditional type vaccines and that they are safe and effective and do not have time to do the research, unfortunately. With all the misinformation, disinformation and complete lack of readily available critical information it is difficult or impossible to make an informed consent decision. While all the censorship of

doctors, professionals and scientists is alarming, it is the best strategy to say no until this dilemma is resolved. https://healthimpactnews.com/2020/doctors-around-the-world-issue-dire-warning-do-not-get-the-covid-vaccine/https://www.naturalnews.com/2021-07-08-canadian-doctors-slam-censorship-coronavirus-vaccine-information https://www.bitchute.com/video/5apLxabLS68X/ - Derek Sloan MP raises concerns on censorship of doctors scientists

https://www.lewrockwell.com/2021/02/no_author/staford-medical-prof-scientists-are-being-censored-for-sharing-alternative-info-about-covid/

https:/drsircus.com/general/vitamin-d-ivermectin-better-solutions-to-covid-than-vaccines/

https://www.bitchute.com/video/mz4PEeNQ9PAB/ - Censored testimonies from those injured by the Covid vaccine

https://www.covid19treatmentguidelines.nih.gov/tables/table-2e/.

So why with all this controversy is the status quo bent on pushing this concoction into everyone. It imakes one think there are ulterior motives other than health. Fake pandemic, fake PCR, fake news, fake Internet, fake vaccine. What is really going on? The CDC has put out a document outlining the practice of vaccinating your child without parental consent. The document claims that another adult can decide for you what vaccines to give to your child. This is illegal as only the legal guardian owns the right to decide these health decisions. The BC government has an Act claiming children 13 years of age have the necessary intellect to sign an agreement to informed consent. This Act attempts to subvert the legal parental rights to choose for your own child what if any vaccines you feel are necessary for your child. Children of age 13 do not know what informed consent is. nor are they capable of making critical decisions which may adversely affect their health. There is a law in British Columbia known as 'Mature Minor Consent'. This is in the Infant Act and it claims that a child under the age of 13 can consent to a medical treatment as long as the health care provider claims there is informed consent. It is critical that parents are aware of this and protect children from other people who think they have the right to make vaccine decisions on behalf of parents - as well as the coercion of minors to make the decision to vaccinate on their own without any knowledge of virology, research or understanding of the damaging adverse effects to health possible and the complete lack of legal recourse.

http://:www.bccdc.ca/resources/

https://www.healthlinkbc.ca/healthlinkbc-files/infants-act-mature-minor-consent-and-immunization

What is the big picture? Our government's propose that vaccine passports will be attached to your bank account - ?what?- yes this is true. This will enable denial of goods and services for those who choose to opt out of vaccines or not pay Carbon Taxes. This will allow for denial of goods and services following the social credit score system of communist China. It is all part of a big plan to empower central global banks and New World Order government. Through the United Nations run by the Rockefeller Foundation as seen in the document entitled Scenarios for the Future of Technology and International Development in which they outline all the details to guide us into a 'Great Reset' and a Carbon Tax paid to the mega banks. Amusingly, page 18 of this very document tells a tale of a global pandemic! And that 85% of the population die as the governments of the world act in Lockstep to deal with the plandemic. There has been evidence that this virus came out of a level 3 bio-weapons lab in Wuhan China. An accidental release of a bio-weapon is possible - or was it intentional. In the above document the virus comes out of China - coincidence? There are a great many documents that this United Nations group has written under different organization names and a lot of their papers are very unsettling as most call for a massive reduction in the global population with a post-human agenda called transhumanism. These organizations go by many names: World Bank, Council on Foreign Relations, Trilateral Commission, Davos Group, Nature Conservancy, Bilderberg Group, World Economic Forum, Asia Society, Brookings Institution and many many others. They are even found in groups manipulating our educational systems as the Rockefeller Foundation, Carneggie Foundation, National Education Association, Ford Foundation - deliberately omiting the study of the ruling class structure in school curiculums. They are fully incorporated within out health care systems within the WHO (World Health Organization), CDC (Centre for Disease Control) who gave the orders during the pandemic. Even software the hospitals use to diagnose and treat Covid patients and big pharma who dole out the approved meds are run by these groups. But their central head is out of the United Nations. These groups have their tentacles in every area of society. They lobby governments for policy change that suites their own interests. These groups write books and white papers on how they want our society to progress. Like the book by Klaus Schwab entitled, "COVID-19:THE GREAT RESET". They have been responsible for causing wars, famine, etc and other crisis for centuries. They have been pushing the overpopulation theory and the depopulation agenda. Tey have been pushing the climate change theory and are involved in geoengineering. The rejected DARPA proposal entitled "Project Defuse" involved the aireal spraying of viruses. As the worlds technology progressed and crypto currencies emerged, they stand to loose control over the central money system. They brag about a 'great reset' where society is de-industrialized and controlled by unelected NGO's who like tyranical technocrates' rule over the world in a nazi like fascist New World Order. Who authorized these groups to set up a world government and make themselves in charge?

Are our elected officials following the orders of these groups or their electorate? If the Lockstep plan and the pandemic were intensional - we may well need a repeat of the Nuremberg Trials 2.0

https://www.naturalnews.com/039729 agenda 21 sustainable development motives/html

Scenarios for the Future of Technology and International Development - Lockstep page 18

https://archive.org/details/pdfy-tNG7MjZUicS-wiJb

Covid-19: The Great Reset (2020)

https://archive.org/details/klaus-schwab-c-19-gr

Agenda 21

http://sustainabledevelopment.un.org/indes.pp?page=view&type=400&nr=23&menu=35

Event 201on October 18, 2019 Pandemic Exercise (pre-covid)

https://archive.org/details/og-event201

Agenda 2030

https://archive.org/details/the-2030-agenda-for-sustainable-development

https://prepareforchange.net/2019/04/08/agenda-21-reinvented-as-agenda-2030-and-agenda-2050-is-a-plan-todepopulate-95-of the-world-population-by-2030/

Ecoscience

https://archive.org/details/ecosciencepopula00ehrl

Spars 2025-2028

https://forbiddenknowledfetv.net/jay-dyer-breakdown-of-spars-2025-2028-depopulation-document/

Project Defuse 2018

https://drasticresearch.files.wordpress.com/2021/09/defuse-project-drastic-analysis-1.pdf

More Information https://banned.video/

In conclusion, informed consent is an authorization to go ahead with a medical procedure when you have been made aware of all the details of the procedure. This includes an understanding of all the procedures involved both positive and negative. The decision cannot be made without full transparency and without any information hidden or misleading or missing. If, after you have done your research and decide to take the jab and have your child jabbed, that is your choice. But for those of us who have chosen not to have the jab and not to get it for our children - it is our choice also.